



POLY PERFORMANCE MFG. 870 INDUSTRIAL WAY, SAN LUIS OBISPO, CA (805) 242-0397

## PPM-8062 JK REAR ADJUSTABLE TRACK BAR

Version 2

### GENERAL NOTES:

- These instructions are also available on our website; [www.synergysuspension.com](http://www.synergysuspension.com). Check the website before you begin for any updated instructions and additional photos for your reference.
- The installation of this adjustable track bar will allow you to correctly align the rear axle after a suspension lift kit is installed.
- The track bar features a double adjuster sleeve which allows you to adjust the length of the track bar without removing the end of the track bar from the vehicle.
- The track bar works on bolt Left Hand Drive (LHD) and Right Hand Drive (RHD) vehicles, refer to specific instructions for the differences.
- If you are installing on a RHD vehicle, this track bar will only work with the stock track bar bracket on the axle, it will not fit with the PPM track bar relocation bracket.

1. The track bar is pre assembled with all the necessary components.
2. Installation of the track bar can be performed with the vehicle sitting on level ground.
3. Remove the existing track bar, a 21mm wrench and socket will be required.
4. Install the new Synergy Suspension adjustable track bar with the bend toward the back so the bend clears the diff cover. Position the bushing at the frame end and the adjustable rod end at the axle end.

Note: if you have a RHD vehicle, the pinch bolt on the adjuster end will go towards the bottom and the grease zerk will go toward the top. The grease fitting will not be accessible without removing the frame end of the track bar from the mount.

5. Re-use the stock track bar mounting bolts and torque to 125 ft-lbs, the frame bolt must be installed from front to rear. It helps to have someone push the chassis side to side to help align the bushing to the bracket hole when inserting the bolt.
6. Center the axle by turning the adjuster sleeve, counterclockwise will extend the track bar. Use a 1/4" punch or similar tool to turn the adjuster sleeve. Once you have the axle centered tighten the pinch bolt to 80 ft-lbs.
7. Grease the polyurethane frame pivot bushing with quality automotive chassis grease through the attached zerk fitting.